

The TV Answer Man's Guide

25 Top Sporting Events in December 2026

Listed by Date • Channel / Streaming Service
For TV for Seniors readers — clear, practical, no-nonsense

December is packed with high-stakes games perfect for staying home and watching. This guide highlights the 25 biggest events that are easy to find on major channels or streaming services. All times Eastern. Channels can shift; check your local listings or the app the day of the game. Note: Some games (especially NFL on Netflix or Prime Video) require a subscription.

Date	Event	Time (ET)	Channel / Streaming
Dec 5	ACC Championship	12:00 p.m.	ABC
Dec 5	SEC Championship	4:00 p.m.	ABC
Dec 5	Big Ten Championship	8:00 p.m.	FOX
Dec 6	College Football Playoff Selection Day	Noon	ESPN
Dec 6	Formula 1 Abu Dhabi Grand Prix (Season Finale)	8:00 a.m.	Apple TV
Dec 11	NBA Cup Final (Emirates NBA Cup)	TBA	Prime Video
Dec 11	Boxing: Tyson Fury vs. Anthony Joshua	TBA	Netflix
Dec 12	Army-Navy Game (127th)	3:00 p.m.	CBS / Paramount+
Dec 18	MLS Cup Final	Prime time	FOX / Apple TV
Dec 18-19	College Football Playoff First Round (4 games)	Various	ESPN, ABC, TNT / HBO Max
Dec 24	NFL: Houston Texans at Philadelphia Eagles	8:15 p.m.	Prime Video
Dec 25	NBA: San Antonio Spurs at New York Knicks (Finals rematch)	12:00 p.m.	ABC / ESPN
Dec 25	NFL: Green Bay Packers at Chicago Bears	1:00 p.m.	Netflix
Dec 25	NBA: Miami Heat at Boston Celtics	2:30 p.m.	ABC
Dec 25	NFL: Buffalo Bills at Denver Broncos	4:30 p.m.	Netflix
Dec 25	NBA: Philadelphia 76ers at Los Angeles Lakers	5:00 p.m.	ESPN
Dec 25	NBA: Oklahoma City Thunder at Minnesota Timberwolves	8:00 p.m.	ABC

Date	Event	Time (ET)	Channel / Streaming
Dec 25	NFL: Los Angeles Rams at Seattle Seahawks	8:15 p.m.	FOX
Dec 25	NBA: Denver Nuggets at Golden State Warriors	10:30 p.m.	ABC
Dec 26	Premier League Boxing Day (multiple matches)	Morning / afternoon	NBC / Peacock
Dec 30	Fiesta Bowl (CFP Quarterfinal)	7:30 p.m.	TNT / HBO Max
Dec 31	NHL Winter Classic: Colorado Avalanche at Utah Mammoth	6:00 p.m.	TNT / HBO Max
Dec 31	NFL: Baltimore Ravens at Cincinnati Bengals	8:15 p.m.	Prime Video
Throughout	Key NFL regular-season games (playoff race)	Various	CBS, FOX, NBC, Amazon, Netflix
Throughout	NBA & NHL regular-season marquee games	Various	ESPN, ABC, TNT, Prime Video, NBC

Quick Tips for Seniors

• **Christmas Day is the biggest single day** — five NBA games and three NFL games. Netflix carries two of the NFL games (Packers-Bears and Bills-Broncos). You need a Netflix subscription. • Prime Video carries the Christmas Eve NFL game and the NBA Cup Final. Amazon Prime membership required. • Army-Navy is a long-standing tradition on CBS. Easy to find. • College Football Playoff games are on ESPN/ABC and TNT/HBO Max. First round is at campus sites. • Streaming apps (Netflix, Prime Video, Apple TV, HBO Max, Peacock) are the home for several marquee events this year. Make sure you're logged in before the game. • Always confirm the exact start time and channel the day of the event — schedules can shift.